HAPPENINGS

ISSUE NO. 419

Submissions for publication need to be in before the 18th. Call 321-633-7499 or e-mail to

www.happenings.net

happenings1@att.net.

SERVING PORT ST. JOHN & CANAVERAL GROVES

2025 Strawberry Festival In Viera

The Space Coast Strawberry Festival is a twoday, outdoor, family festival, designed to create an environment for people to enjoy affordable, healthy and wholesome fun. A wide range of enjoyable activities will be offered, all celebrating the wonderful strawberry.

The event is Saturday and Sunday, March 15-16, 10 a.m. – 6 p.m. at Space Coast Daily Park, 5775 Stadium Parkway in Viera. There is so much to do, including: : Pick Your Own Strawberries (pay by the pound for what you pick while supplies last), enjoy the Children's Fun Zone with bounce rides and mechanical fair rides, (price per ride or an all-you-can play armband), live music as well as a FREE with admission Arts & Crafts Village and Bob Bohme's FARMily Feud, Survivor and Magic Shows.

Don't forget to enter the following FREE contests - Husband Calling Contest, Berry Berry Cute Baby Contest, Mother-Daughter Look-a-Like Contest, Strawberry Pie Eating Contest and the Turkey Calling Contest.

Food and drinks will be available for purchase.



Adult admission: \$7 per person, per day. Includes all day access from open to close.

Children under the age of 2 receive FREE admission.

Parking is \$5 per vehicle. Need to leave the park? No problem, simply show your parking pass for re-entry on the same day.



March 2025

Temporary Closure of Playground at Space Coast Community Sports Complex

The playground at the Space Coast Communities Sports Complex, located at 662 Canaveral Groves Blvd., Cocoa, is temporarily closed to the public for the removal and installation of new playground equipment. The installation is expected to be completed by Friday, March 21.

The new playground equipment will incorporate an inclusive glider unit, two age 2-12 challenger units, a three-bay swing set and two shade hats for sun protection.

For any questions regarding the closure, please contact the North Area Parks Operations office at 321-264-5105.



PSJ Community Center Schedule - March, 2025

The center is open Mondays–Thursdays from 10 a.m. to 7 p.m., Fridays from 9 a.m. to 6 p.m. For latest information about any of these programs or to register, call 321-633-1904.

Monday-Friday, 10:00 a.m. - 1:00 p.m.

Mondays

Seniors At Lunch, 10 a.m. - 1 p.m. Outside Basketball, 10 a.m. - 7 p.m. Game Room, 10 a.m. - 7 p.m. Billiards, 10 a.m. - 7 p.m. Community Cares Aftercare, 2:30 - 6 p.m. Tuesdays Seniors At Lunch, 10 a.m.-1 p.m. Outside Basketball, 10 a.m. - 7 p.m.

Game Room, 10 a.m. - 7 p.m.

Billiards, 10 a.m. - 7 p.m.

Community Cares Aftercare, 2:30 - 6 p.m. Dancing Little Stars-Ballet/Tap Combo Classes, (ages 3-6) 4:00 - 4:45 p.m. & 5:00 - 5:45 p.m.

Wednesdays

Home School Class P.E. 10:00 – 11:00 a.m. Seniors At Lunch, 10 a.m.-1 p.m. Outside Basketball, 10 a.m. - 7 p.m. Game Room, 10 a.m. - 7 p.m. Billiards, 10 a.m. - 7 p.m. Community Cares Aftercare, 2:30 - 6 p.m. 6th & 13th - Culinary Kid's 4:30 p.m. – 6:00 p.m. ~ Rose Padrick

Thursdays

Seniors At Lunch, 10 a.m. - 1 p.m. Billiards, 10 a.m. - 7 p.m. Outside Basketball, 10 a.m. - 7 p.m. Game Room, 10 a.m. - 7 p.m. Community Cares Aftercare, 2:30 - 6 p.m. Gentle Yoga, 5:30 - 6:30 p.m.

Fridays

Outside Basketball, 9 a.m. - 6 p.m. Game Room, 9 a.m. - 6 p.m. Billiards, 9 a.m. - 6 p.m. Dancing Little Stars, 10 - 11:45 a.m. and 10:45 - 11:15 a.m. Seniors At Lunch, 10 a.m. - 1 p.m.

Community Cares Aftercare, 1:30 - 6 p.m.

ZUMBA - every Monday, 5:30-6:30 p.m. **COMING SOON!**

About Dancing Little Stars - Tuesdays 4:00-4:45 p.m./5:00-5:45 p.m. & Fridays 10:00 - 10:45 a.m./10:45 - 11:15 a.m.

Ballet, Tap and age appropriate Hip-Hop classes for boys and girls, ages 2-7. Classes focus on rhythm, concentration, memory and balance... while having fun! Our full-scale dance recital is held at the end of the dance season in May. Enrollment is open. Tuition is \$65 per month with the recital costume included with tuition. Register online at www.dancinglittlestarsbrevard.com http://www.dancinglittlestarsbrevard.com.

About Yoga With Diane -

Gentle Yoga - Thursdays, 5:30 – 6:30 p.m.

Gentle Yoga with Diane - Relax, rejuvenate and enjoy yoga that meets you where you are! Appropriate for beginners, all body types with alternatives offered to accommodate physical conditions. All that is needed is a yoga mat and water bottle. Recommend not eating two hours prior, small fruit snack okay. Price is \$7 per class. Visit www. psjyoga.com for further information.

About Homeschool Class P.E.

Wednesdays, 10:00 - 11:00 a.m.

This is a great opportunity for exercise and socialize in a fun nature. Price is \$2 per class. Call 321-603-2118 for more information.

Rose's Room





If It Ain't Broke Don't Improve It!

It appears there may be a lessening of some of the horribleness going on around our globe. I'm praying fervently this is so and hope others will be joining me.

Everywhere I searched last year I found the scrawny, round; seedless watermelon have replaced the big, oval, so-ripe-its-ready-to-pop, seeded beauties. You can't have a southern summer without a full-size watermelon. I'm sure there must be a law somewhere. It just ain't natural! I refuse to buy them. They cost as much, or more, as a full-sized melon, they have almost no taste and what's a watermelon without seeds?

The younger generation should be demanding the seeds be put back in. Think about it, kids. Is there anything else in the world that you are not only ALLOWED to spit, but they even hold contests to see who can spit the best!

During my watermelon "Quest/Rant" a few other things that have been changed for no discernible reason have come to mind. 'They' also did away with the seeds in grapes. Granted, no one was fond of grape seeds. The crunch when you chewed one was unpleasant and they didn't spit worth shucks, but where in the world do new grapes come from if there are no seeds?

Produce is not the only place un-needed changes are taking place. Easy chairs no longer come with just an arm on the side that you pull back to recline and push forward to sit up. You now have computers beneath your tush that tell the chair who is sitting in it so it automatically adjusts to their programmed firmness and recline position. I am very uncomfortable with having my tush read, I am afraid the chair will yell, "Whale" and the TV will start throwing frozen halibut up in the air.

I have become CEO of the "What The Heck Did You Go And Do That For?" Coalition. As any good CEO would, I am implementing two initiative programs. The first is to enlist readers' assistance in compiling a list. If there is something you feel has been changed for no good reason, e-mail me and I will add it to the list.

The second is, of course, to give myself a raise. Some things will never change.

Martin Andersen **Senior Center Dances**

Martin Andersen Senior Center will host Singles/ Couples Ballroom Dances on Saturday, March 8 and Saturday, March 22. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$8; \$7 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge. Call Martin Andersen Senior Center at 321-631-7556 for more information.

Parrish Healthcare Emergency Department Team Participates in Regional '15 Til 50' Mass Casualty Training Exercise facilitated by Health First's Trauma Center

Parrish Healthcare Emergency Department representatives recently participated in a '15 Til 50' Mass Casualty Training Exercise facilitated by Health First's Trauma Center and sponsored by Emergency Support Function (ESF) #8, a Florida Department of Health (DOH) program.

Developed by CONSTANT Associates, headquartered in Virginia, the award-winning '15 Til 50' emergency preparedness simulation training is designed to prepare healthcare teams to respond to large-scale emergencies. The training simulates a real-world mass casualty incident where medical teams prepare to receive, triage and treat an influx of 50 patients within 15 minutes.

Parrish Healthcare's representatives, working alongside other area first responders, trauma specialists and hospital personnel, practiced rapid deployment of people, supplies and equipment to successfully activate and operate a mass casualty area to enhance their ability to manage high-stakes emergencies efficiently.

Representing Parrish Healthcare during the training were Ericka Jacobs, Director of Emergency & Women's Services, Nicholas Gumieny, Emergency Services Manager and Leigh Spradling, Emergency Response Services Specialist.



From left to right: Ericka Jacobs, Director of Emergency & Women's Services; Leigh Spradling, Emergency Response Services Specialist and Nicholas Gumieny, Emergency Services Manager.

Parrish Healthcare Emergency Department Nursing students from Eastern Florida State University participated in the event and served as mass casualty patients.

"Our ability to respond effectively in the first moments of a potentially devastating mass casualty event can mean the difference between life and death," said Jacobs. "Training exercises such as '15 Til 50' allow our teams to practice realtime decision-making and collaboration, ensuring we're prepared to provide the best possible care to our community given any crisis."

For more information on our emergency preparedness initiatives, please contact communications@parrishmed.com. For more information about Parrish Healthcare, including other news and upcoming events, please visit parrishhealthcare.com/news.



Nicholas Gumieny observes a physician addressing a patient during the 15 Til 50 Mass Casualty Training Exercise.

Jess Parrish Medical Foundation Golf Classic

Parrish Medical Foundation (JPMF) is excited to announce the law firm of Zumpano Patricios as the title sponsor for their annual Fran Gerrett Memorial Golf Classic on Friday, April 4.

More than 200 golfers are expected to play the two-course tournament with all proceeds benefiting The Children's Center, a service of Parrish Healthcare, and one-stop childhood development resource center. The Children's Center provides a safe and healing environment for children with and without special needs to learn and grow, along with an array of health, education and human services under one roof. Tournament players can choose between two golf courses: Indian River Preserve Golf Club with its rich, lush rolling fairways designed by Perry Dye and LPGA champion Jan Stephenson or The Great Outdoors Golf Club with the beautiful natural environment of the St. Johns wildlife refuge. Golf course selection is first-come, first-choice with paid registration.

Event registration begins at 7:30 a.m. with a shotgun start at 8:30 a.m. The tournament format will be a four-player scramble with exciting contests, including a chance drawing to win a \$1,000 cash prize; drawing will take place at the event. Those purchasing tickets for the chance drawing need not be present to win. The tournament will conclude with an awards ceremony recognizing top teams at each course.

"Zumpano Patricios is honored to partner with Jess Parrish Medical Foundation for the eleventh year as title sponsor of the Fran Gerrett Memorial Golf Classic," stated Joseph I. Zumpano, managing shareholder at Zumpano Patricios. "It is gratifying to know that our contribution will impact the advancement of the vital work of The Children's Center, and that children in North Brevard continue to have access to programs, services and support, important to their developmental years of life."

Fran Gerrett served as the director of Materials Management at Parrish Medical Center for 24 years. Fran passed away in 2012, but the annual golf tournament lives on as a tribute to his longtime dedication to our community and favorite charity, The Children's Center.

Leigh Spradling, Parrish Healthcare emergency response services specialist and Fran Gerrett's daughter, will serve as the tournament's event chair. Planning committee members include Santi Bulnes, Anita Currie, Tammy Hebert, Nadine Itani, Matthew Morak, Kathy Myer, Jeff Riley, Joe Rodriguez, Christie Rimsky, Kathy Simonsen, Greg Sparkman and Kristina Weaver.

A variety of sponsorship opportunities are available beginning at \$500. For additional information on sponsor opportunities, or to purchase chance drawing tickets, visit www.parrishmedfoundation.com/golf or contact Jess Parrish Medical Foundation at 321-269-4066.

> Today only happens once. Make it Amazing!

Good Day!

~ by Maureen Rupe

Wastewater Update

Nothing new about the projected Port St. John Wastewater Plant, but I have found out more about Sykes Creek Wastewater Plant from reading the North Merritt Island's Homeowners Association newsletter. I know I've heard talk about why Cape Canaveral Space Force Station and Kennedy Space Center can't just send their wastewater to Sykes Creek instead of building a new plant in Port St. John. According to the newsletter, the trouble with using Sykes Creek is because of all the septic to sewer projects on Merritt Island. The Sykes Creek plant will reach capacity within 10 years even without any new additional demands from the space industry. The newsletter also stated Merritt Island already has two septic to sewer projects completed, three under construction and seven in design, with additional projects identified.

Apparently, even though Port St. John west of the railroad tracks is not within the Indian River Lagoon's watershed, the state is trying to get all surrounding areas onto sewer systems or new selfcontained systems to prevent additional damage to the lagoon or the St. Johns River. Their newsletter also gave information that besides keeping your systems cleaned every few years, not to dump things into our septic tanks that could clog pipes, such as disinfecting wipes, paper towels, baby wipes and moist wipes. You should only flush toilet paper and human waste, nothing else.

Speak Up Brevard

I was on three Charter Review Commissions including the 2010 Commission that approved the charter amendment that created the Speak Up Brevard website that allows residents to submit recommendations to the Brevard County Commission. The process was as follows:

1) Citizens submit recommendations through the Speak Up Brevard website.

2) County Manager evaluates recommendation within 90 days.

3) County Manager forwards recommendation to Brevard County Commission.

4) Brevard County Commission votes to approve, reject or revise recommendations within 120 days.

The person making the recommendation is notified one week prior to the recommendation vote.

In April, 2024, the County Commission approved changes to the Speak Up Brevard policy to allow the County Manager to reject recommendations for various reasons.

I attended the February 11th County Commission Meeting. District 1 Commissioner Katie Delaney had asked for a special meeting to discuss recommendations made on the Speak Up Brevard website. I read in the paper that the Commissioners were going to let the County Manager choose what to send through to debate at the special meeting. Commissioner Delaney and I had talked about this proposed meeting and I had told her of my thoughts that the County Commissioners, not County Manager, should be deciding on recommendations since he wasn't elected. She asked me to attend. This is what I said:

"Commissioners, since 1998 I have been on 3 Charter Review Commissions and in that yearlong process, I have taken very seriously what ever person has recommended as value for their quality of life. I urge the County Commission to do the same.

Please don't say it's too time consuming. People have taken the time to speak or write to you. Please listen to their thoughts and suggestions. It is the job of the elected officials, as it is you that the people have elected and placed their confidence with. County staff should not have priority to say yea or nay to the various suggestions.

I ask the Commissioners to say yes to a special meeting on this subject. This is too important to try to bypass the electors. The people didn't bypass you or you would not be sitting up there.

Thank you Commissioners."

When it came to the voting, it was unanimous for a special meeting to listen to the requests. The meeting will be on March 3 at 5:00 p.m. at the Brevard County Commission Chambers. I will tell you what has been approved to go to ballot.

Next month I will write about another issue that came up with Brevard Firefighters.

Titusville Spill Alert

According to the Titusville Environmental Incident Report 2025, which covered leaks up to January 28, 2025, the report listed 4 leaks: 15,000 gallons (untreated/raw wastewater) estimated released on January 12th; 24,431 gallons (reuse/ reclaim) estimated released on January 24th; 19,375 gallons (reuse/reclaim) estimated released early in the day on January 28th; and 32,100 gallons (reuse/reclaim) estimated released later in the day on January 28th. Another Titusville report stated on Monday, Feb. 3, 2025, an unauthorized discharge of 40,834 gallons of reclaimed water into the Indian River Lagoon occurred at the water treatment plant.

The wastewater infrastructure in Titusville is aging. The Titusville Osprey Wastewater Plant has several ductile cast iron lines, pipes installed in the early 80's. These pipes range from 16" to 24" and are corroding due to the moisture from salt water and the sand the pipes are buried in. Reclaimed water is still bad for the Indian River Lagoon. It still has nitrogen and phosphorus and other chemicals in the reclaimed water. In addition, since reclaimed water is considered fresh water, it is not monitored for releases. So, Titusville is not required to track how much reclaimed water was leaked into the Indian River Lagoon or spilled onto the ground.

Although it isn't required to track reclaimed water, it is important and should be tracked, as fresh water is poisonous to the Lagoon. The Indian River Lagoon depends on its salt content along with the marine creatures on plant life along its borders. If no one is tracking how much water has leaked onto the grounds or into the Lagoon, they don't know how bad the problem is or how much damage they are doing to the Lagoon.

As a note of history, according to an article titled, "Timeline: Indian River Lagoon problems began decades ago on Clickorlando.com. In 1990, the Florida Legislature passed the Indian River Lagoon System and Basin Act requiring sewer plants to stop discharging into the estuary by 1996. The Act aims to protect the Lagoon from wastewater treatment plant discharges and the improper use of septic tanks.

Titusville went past that 1996 date. Both plants were planned and built after the 1990 date. The website "www.toxicrisk.com" showed the Osprey Reclamation Plant didn't register and open until June, 1999. Waymarking.com showed Titusville's Blue Heron Reclamation Plant and Wetlands was completed in early 1998 and opened to the public for Bird Watching and Wildlife Viewing.

All of this has an effect on the Indian River Lagoon and affects us in Port St. John and Canaveral Groves. If you poison the river, the river will poison you.

Reference: www.titusville.com/Document-Center/View/5036

https://talkoftitusville.com/2025/02/04/titusville-reports-second-water-discharge-incidentin-two-weeks/

> Cheerio, ~ Maureen Rupe rupe32927@gmail.com

COMMUNITY SUPPORT GROUP SCHEDULE

Amputee Support Group of Titusville

Meets the second Tuesday monthly, 3-4:30 PM Parrish Healthcare Center, Manatee Conference Room 5005 Port St. John Parkway, Port St. John **Contact Matthew Julian at 239-850-4117**

A.W.A.K.E. Sleep Support Group

Meets the second Monday monthly, 6-7:30 PM Parrish Healthcare Center, Manatee Conference Room 5005 Port St. John Parkway, Port St. John Contact our Sleep Center team at 321-268-6408

Cancer and Survivor Support Group

Meets the third Wednesday monthly, 4-5:30 PM Heritage Hall, Parrish Health Village 931 North Washington Avenue, Titusville **Contact Shannon Luker at 321-268-3544**

Caring for Caregivers Support Group

Second and fourth Thursday monthly, 9:30-11:30 AM Heritage Hall, Parrish Health Village 931 North Washington Avenue, Titusville Contact Janet Rooks at 321-268-6800

Diabetes Support Group

Meets the second Monday monthly, 3-4:30 PM Heritage Hall, Parrish Health Village 931 North Washington Avenue, Titusville Contact Peggy McLaughlin at 321-268-6699

Early Steps Community Play Date

Meets the fourth Wednesday monthly, 9-10:30 AM The Children's Center, 5650 South Washington Avenue, Titusville **Contact Mary Cancel at 321-292-1370**

Fearless Café

Presented by St. Francis Reflections Life Stages Care and Parrish Medical Center. *Meets the first Wednesday monthly, 10-11 AM* Heritage Hall, Parrish Health Village 931 North Washington Avenue, Titusville *Contact Janet Rooks at 321-268-6800*

Kidney Smart Class

Meets the last Thursday monthly, 1-2:30 PM Heritage Hall, Parrish Health Village 931 N. Washington Ave., Titusville **Contact Jackie Torres at 321-383-1245**

Mom's Support Group

Meets Mondays, 10-11 AM The Children's Center, 5650 South Washington Avenue, Titusville Contact Melinda at Melinda.Hodges@parrishmed.com

Stroke and Heart Failure Survivors Support Group

Meets the third Tuesday monthly, 2-4 PM Heritage Hall, Parrish Health Village 931 North Washington Avenue, Titusville Contact Janet Rooks at 321-268-6800

Tools to Quit - Quit Smoking

Meets the last Tuesday monthly, 5:30-7:30 PM Parrish Medical Center, Conference Room 6 951 North Washington Avenue, Titusville Facilitated by Jennifer Wolowitz, Tobacco Free Florida 407-889-2292 ext. 102



Visit parrishhealthcare.com/events for information and to register



Cleveland Clinic Connected

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Food For Thought

Seasonal Eating

After a very chilly winter, I am full on embracing these warmer, sunnier days. While spring didn't come nearly fast enough in my opinion, it's almost here! Am I the only one that finds that one of the most refreshing aspects of spring is witnessing the seasonal fresh produce starting to pop up in grocery stores? Yeah, I could be alone in this. The transition from winter to spring brings with it a variety of fruits and vegetables. What's new and fresh on the shelves? Strawberries, oranges, bell peppers, tomatoes and cucumbers are just a couple of the seasonal delights becoming more accessible and affordable.

I know we can all agree that one of the most compelling reasons to eat seasonally is the costeffectiveness. Seasonal produce tends to be more affordable for several reasons. When fruits and vegetables are in season, they are in ample supply, which drives down the prices due to basic principles of supply and demand. Also, local farmers incur lower production costs because they do not need to invest in artificial growing environments or long-distance transportation to bring these goods to market. As a result, consumers benefit from lower prices and fresher produce. Thank you to the local farmers who provide us with delicious, nutritious produce!

Eating seasonal produce is actually more nutritious. Seasonal fruits and vegetables are picked at their peak ripeness, so they are bursting with flavor and nutrients. How does that work? Picking at peaked ripeness means that they have maxed out their vitamin, mineral and antioxidant abilities. Along with that, consuming a variety of produce helps diversify your diet, introducing a range of nutrients that can enhance your overall health. Choosing foods that are cheaper AND more nutritious seems like a no brainer to me. However, don't let this be an excuse for not eating your broccoli in summer. Just sayin'.

Eating seasonally in Central Florida not only makes sense economically but also significantly benefits your health. Are you looking for a guide to help you understand what's currently in season? Check out Fresh from Florida's website to learn about what's in season, the local farmers who make it all happen and to check out new recipes using your seasonal produce. Don't forget to eat seasonally when you can and embrace the flavors that this Spring's fresh produce has to bring!

> ~ Amanda Mahaleris, MS, RDN, LDN amandamahaleris@yahoo.com



Literacy for Adults

Literacy for Adults in Brevard (LAB) is a non-profit organization that teaches literacy skills to adults

so they may reach their full potential in their families, jobs and communities. More than 16% of Brevard County residents cannot read a simple sentence and approximately 20,000 residents are not proficient as English speakers. LAB matches a trained tutor with each individual learner to achieve the learners' goals, whether it is to improve reading, writing, English skills, obtain a better job or feel comfortable participating within their community. All learner tutoring is free of charge and takes place at a county library.

If you know someone who could benefit from weekly reading or English lessons, please have them call 321-301-4496.

Would you like to be a LAB tutor? Contact Literacy for Adults in Brevard at https:// www. labfl.org/get-involved. You could experience the satisfaction of helping an adult gain the skills and information they need to meet their personal goals.

Amyets Post 2415 Schedule



3-5 Sons of Amvets 2415 General Membership Meeting -1st Wednesday of the month at 6 p.m. Commander Chuck Harrington, 321-208-7897.

3-8 Amvets Riders Chapter 2415 General Membership

Pres. Steve Carman, 321-446-3394.

3-8 Bike Night! 2:00 - 6:00 p.m. on the 2nd Saturday of the month at the Post.

Wednesday of the month at 6 p.m.

3-13 Amvets 2415 Ladies Auxiliary General Membership Meeting - 2nd Thursday of the month at 6 p.m. President Theresa Nikki Anderson, 321-208-7897.

Karaoke every Friday, 6-10 p.m.

Bingo - members - Sundays 1-? Bingo- Public Welcome - 1st Tuesday, 6 p.m.



WAITRESS MARCH 14-APRIL 13, 2025

Sara Bareilles' uplifting and inspiring musical celebrating friendship, motherhood, and the magic of a well-made pie. Waitress features original music and lyrics by six-time Grammy nominee Sara Bareilles ("Brave," "Love Song"), and a book by acclaimed screenwriter Jessie Nelson. Jenna, a waitress and expert pie maker, is stuck in a small town and a loveless marriage. Faced with an unexpected pregnancy, Jenna fears she may have to abandon the dream of opening her own pie shop...until a baking contest in a nearby county and the town's handsome new doctor offer her a tempting recipe for happiness. Supported by her quirky crew of fellow waitresses and loyal customers, Jenna summons the secret ingredient she's been missing all along - courage. "A delicious tale that's not simply about getting Meeting - 2nd Saturday of the month at 12 noon. Prince Charming but getting its heroine to take action and discover her worth!" --- Variety

Titusville Playhouse

The Titusville Playhouse, Inc. is located with-3-12 General Membership Meeting- 2nd in the Historic Emma Parrish Theatre 301 Julia St., (corner of Hopkins Ave. - US1 southbound), providing professional quality entertainment on the Space Coast. The MainStage theatre includes a 150 seat orchestra section and a 124 seat Balcony Section.

> For more information or to purchase tickets, visit https://titusvilleplayhouse.com/ or call 321-268-1125. Season tickets are available.

COMMUNITY CALENDAR

Alcoholics Anonymous meets on Sundays at 5 p.m. Women's AA meets on Mondays, Thursdays and Fridays, 10 a.m. Both AA Groups meet at St. Patrick's Church, 4797 Curtis Blvd. 3-1 Bike Days at the Tiki, 1:00 - 5:00 PM

First Saturday of each month. 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), 321-268-1632. Contact Wayne Fowler, Events Coordinator, American Legion Riders Post 359 at 321-307-1450 or visit their website, alr359.org.

3-4 Mardi Gras

3-4 Compassionate Friends Support Group meets the first Tuesday of every month at 6 p.m. in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

3-5 Ash Wednesday

3-5 American Legion Auxiliary, Unit 359, General Membership Meeting on the 1st Wednesday of each month, 6 p.m. at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

3-5 Sons of Amvets 2415 Meeting- 1st Wednesday of the month, 6 p.m. 688 West Ave., PSJ. Commander Chuck Harrington, 321-208-7897.

3-8 International Womens Day

3-9 Daylight Savings Time Start 3-9 Word Weavers Space Coast, a critique group for Christian writers, meets the 2nd Sunday at 2 p.m. at the Central Brevard Library in Cocoa. Visitors are always welcome. Email angelagardnerwrites@gmail.com for info.

3-13 Amvets Ladies Auxiliary 2415 General Membership Meeting on the 2nd Thursday of each month at 6 p.m. President Theresa N. Anderson. 321-208-7897.

3-14 Tu Purim

3-14 & 15 - Book & Bake Sale - Sponsored by PSJ Friends of the Library, 10:00 - 4:00 p.m. each day. Everyone is welcome.

3-14 Brevard Women's Connection meets at Space Coast Convention Center on Hwy. 520 from 11 a.m. until 1 p.m., 2nd Friday of each month. Call Pam at 321-752-6896 or e-mail bwc0020@ gmail.com.

3-15 - Spring Break Bash - 2:00 to 4:00 p.m. at the Port St. John Library. Come for the crafts, stay for the fun! Activities for all ages!

3-17 St. Patrick's Day

3-17 Moonport Modelers RC Club meets at 6:30 p.m., 3rd Monday each month at the N. Brevard Library, 2121 S. Hopkins Ave., Titusville. For more info, call Wayne Mendez, 505-2361. Wednesday of the month at 6 p.m. If you are a veteran and would like to or would like more information ab Legion, contact Commander Mich.

3-19 Feast of St. Joseph Day

3-19 American Legion Post 359 meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 p.m. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Contact Commander Michelle Aaron at 321-289-2880 for more information.

3-20 Start of Spring

3-22 Veterans & First Responders Breakfast - Last Saturday of each month, 9:00 a.m. at Saint Patrick's Anglican Church, 4797 Curtis Blvd., Port St. John. This is open to all veterans, spouses of veterans and all first responders.

3-25 Annunciation

3-25 Moonlight Quilters Guild meets at the First United Methodist Church, 206 S. Hopkins Ave., Titusville on the 4th Tuesday of each month (no meeting in April or December). Meet and greet refreshments at 6:00 p.m., meeting at 6:15 p.m., usually followed by show and tell or a guest speaker. Email Moonlight.Quilters@yahoo.com for more information.

3-31 Eid Al Fatr



Post 359 - American Legion

3-1 Bike Days at the Tiki - 1st Saturday of the month, 1 - 5 p.m. presented by American Legion Riders. Good food on the grill

with Fixin's, \$10. Listen to live music, take part in drawings, 50/50. All proceeds to benefit veterans and veterans' families.

3-5 Auxiliary General Membership Meeting - 1st Wednesday of the month, 6 p.m.

3-10 Sons of the Legion, 6 p.m. on the 2nd Monday of the month at the Post.

3-16 American Legion Riders General Membership Meeting- 3rd Sunday of the month at 10:30 a.m. Call 2nd Vice Director Janice Anderson, Director, 321-210-6234 or visit our website, alr359.org.

3-19 General Membership Meeting- 3rd Wednesday of the month at 6 p.m.

If you are a veteran and would like to visit the Post or would like more information about American Legion, contact Commander Michelle Aaron at 321-289-2880 for more information. The Post is located at 7260 S. US Hwy. 1, Bellwood, (just north of Port St. John), or call 321-268-1632.

Congratulations to:

Andrea Bryson turns prettier on the 1st. Alexander Delida turns 19 on the 2nd. Landon Townley turns 19 on the 2nd. Sharon Bowen turns cuter on the 3rd. Chena Lessey celebrates on the 3rd Shawn Townsend turns 26 on the 4th. Kari Grinstead turns hotter on the 5th Doug Vick turns wilder on the 6th. Isaac Kois turns 35 on the 6th. Mandy Pannullo turns prettier on the 8th. Aiden Firth turns 15 on the 8th. Paris Ragan turns crazier on the 9th. Jason Rockhill turns buffer on the 9th. Brett Messer turns 29 on the 10th. Tanner "TanMan" Fine turns 11 on the 14th.

Lincoln Gumieny turns 9 on the 11th. Rhonda Rockhill turns hotter on the 15th. Daniel Henry rules the roost on the 15th Ashley Moore is the party girl on the 16th. Paige Burris is more lovely on the 16th. Tonya Dees is the Queen on the 18th. Lucas Erickson turns 27 on the 18th. Amaya Rockhill turns 18 on the 18th. Brent Bray turns 36 on the 21st. Alexys Sladyk turns 24 on the 24th. Carter Niehoff turns 14 on the 27th. Jim Carnell turns cooler on the 29th. Norm & Sue Blum celebrate their 42nd anniversary on the 4th.

Lauren & Daniel Henry share their 22nd Anniversary on the 15th.

Lisa & Cary Troxel celebrate the day Cary robbed the cradle on the 28th. Rock on! Dave and Valerie Hannen celebrate their 40th wedding anniversary on the 30th.

We have lots of room for more good news. Email your inputs to happenings1@att.net. Canaveral Groves

Sleepy Hollow



Fruit From The Groves



ON MARCH 13, AT 7 P.M. THERE WILL BE A MEETING OF THE CANAV-ERAL GROVES HOME-OWNERS ASSOCIATION AT BREVARD CHRISTIAN CHURCH ON GRISSOM

PKWY. We are planning to have a special guest at this meeting. This guest will be informative as to what's happening in the Groves.

In February, a crime was committed outside the Groves. A high-speed chase came through the Groves and the subject tried to go out through the Black Hole. Brevard County Sheriff's Office, Florida Fish and Wildlife, and Florida Highway Patrol cordoned off the area and the subject was captured and arrested. Thanks to our Law Enforcement Officers who keep us safe in the Groves.

There is a shortage of Fire Fighters in Brevard County as they are leaving due to low pay and the increase in the cost of benefits. Out here in the Groves, we are proud of our Guardians who protect us. We need to let the County Commission, and especially the County Manager, know how we feel. It would be a tragedy if 911 was called and there wasn't enough manpower to handle the situation in a timely manner. Remember, we are now in fire season.

There still seems to be a lot of animals - dogs, cats etc. - running at large. Please do the best you can to keep them secure and safe. The best way to keep all animals safe and returned to their owners is to have them chipped.

Road and Bridge is currently cleaning more of the canals out.

Ed Silva, President Canaveral Groves Homeowners Association

Spring Tails Thru the Village

Bring your pet and children, too, and join Rescue Rebels by Cash 4 Canines, Inc., for Spring Tails Thru the Village at Myrt Tharpe Square in Cocoa Village, on Sunday, March 30th from 11:00 a.m. to 3:00 p.m. Sponsored by Tails at the Barkery, this event will help raise much needed funds for the animals Rescue Rebels rescues. Their mission is to provide a better life and second chance for companion animals. Dedicated and devoted to saving dogs that are left abandoned in shelters, surrendered by their owners, and those that are abused and neglected, Rescue Rebels rescues them, gives them the care they need, and finds them loving forever homes.

For a \$10.00 donation, receive a goody bag and a framed 4x6 color photo with the Easter Bunny.

Meet your neighbors and stay informed of Events & Community Happenings! CANAVERAL GROVES HOMEOWNERS INC.

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959

Name
Address
E-mail
Phone
Won't you join us?

Photo Sign-In ends at 2:15 p.m.

This year, Tails at the Barkery and Hello Again Books have teamed up for a "Peter Cottontail" Scavenger Hunt. Donate \$10.00 and receive a "Peter Cottontail" Scavenger Hunt Map and collect Magic Easter Eggs at each participating Cocoa Village Merchant for chances to win fabulous prizes including the Grand Prize of \$100 Village Bucks. Winning prizes and raffle drawings will take place at 3:15 p.m.

All pets must be on a leash, or in appropriate carriers, and have current vaccinations and county tags for the safety of our animals and friends.

For more information, contact Tails at the Barkery at 321-305-4584.

Bark Brew Fest

You are invited to the 36th Bark Brew Fest presented by Tails at the Barkery and the Dirty Oar Beer Company on Saturday, March 15th at the Dirty Oar Beer Company from 5:00 to 7:00 p.m. in Cocoa Village. Play Bingo to win fabulous prizes!

This event is open to the public. Bring your canine companion, sip your favorite libation, enjoy delicious food from Cousins Maine Lobster, and join us for an evening of fun, including raffle baskets and a 50/50 drawing.

All proceeds to benefit Mid Florida Sheltie Rescue, a 501(c)3 nonprofit organization founded in 2004, whose mission is to help with the rehabilitation, fostering, and placement of homeless Shetland Sheepdogs. Many of the Shelties are recovering from being neglected, abused or abandoned by people they loved. MFSR's primary concern is placing each Sheltie into a loving, FUREVER home.

All pets must be on a leash, or in appropriate carriers and have current vaccinations and county tags for the safety of our animals and friends.

For more information, contact Mid Florida Sheltie Rescue, www.midflsheltierescue.com or call Tails at the Barkery, 321-305-4584, or Dirty Oar Beer Company, 321-301-4306.



On the Road With Rose

Horses in Brevard

As I sit in my comfortable living room hoping you are going to read my musings in your comfortable living room, my mind (having a mind of its own) returns over and over to those who can't. There seems to be a small light at the end of one dark place. Let's just pray it spreads.

March has always been nearly perfect, weather-wise; still cool enough to keep Florida's state blood sucker at bay...mostly. Maybe not warm enough for swimming, but there are bunches of things to do outdoors with the whole family here in our little piece of paradise.

We are fortunate to have several very nice places to enjoy horseback riding, parties with the ponies and more right in our own back yard and more just a tad outside our 'bubble'.

I did a column some time ago about our own H.A.R.T., 321-543-2924 here in PSJ, and new information tells me they are still as wonderful. Beautiful rescued horses for riding lessons, ponies for kids' parties and miniature horses just because they are awesome still abound. The grounds are clean and well kept and they are always looking for volunteers if you love horses and have a few hours to spare.

Desert Acres Stables, 321-759-1605 in Canaveral Groves, sits on some of the prettiest old Florida land around. Offering boarding, trail rides, riding lessons, riding camps for kids 8 and up, and more. A large barn, various training areas and some of the best-looking horses my traveling companion and I ever had the pleasure of meeting and greeting makes Desert Acres certainly worth checking out.

Horseback Trail Rides, 321-632-7085 on Camp Rd., is a staple in this area, offering trail rides and interaction with horses and free-range chickens for well over 60 years. The gentle horses will take you through cabbage palms, slash pines and brambles. An observant eye will catch tortoise, rabbits and a deer or two. Young children can ride with a parent, older ones can ride alone and are welcome to return to volunteer. Owner Shirley is a friendly wealth of history who has been known to instruct young children on the finer points of egg gathering, allowing them to take their bounty home free of charge.

The Pony Express, 321-254-1805, is in Melbourne, but much worth the drive. All of their horses, ponies and donkey are rescue and adorable. A lot of planning and carpentry went into building the little old west town where the bad guys (dads and big brothers) rob the stagecoach with much whooping and hollering, kids chase the bad guys (around and past this older and larger kid at heart and my sister in crime!) until everyone is caught and securely placed in the jail. The kids are then rewarded with the birthday lunch, pony rides for the little ones and horseback rides for the older ones. The horses and ponies are well cared for, beautiful and gentle - even the polka-dotted one that wanted to join the festivities.

These are just a few of the 'horsey' places in Brevard. Those and each of the above would be a great way to spend quality family time before the Florida summer hits. Sunscreen and mosquito repellent are advised.

Opioid Epidemic Community Town Hall

In an effort to address the ongoing threat posed by opioids such as heroin and fentanyl, the Brevard County Housing and Human Services Department, in partnership with the City of Cocoa, invites residents to come to a town hall to share your thoughts and experiences. Opioid overdoses and deaths have hit Brevard hard in recent years and are still affecting communities throughout our county. Whether you've struggled personally, know an individual or family who's been affected by opioid use, or are concerned about the impacts of opioids and drugs in your community, your experiences and opinions will help us find ways to effectively combat the many and tragic impacts of these powerful drugs.

Join us on Wednesday, March 5, from 6-8 p.m. at the Cocoa Civic Center at 430 Delannoy Avenue in Cocoa Village. Town hall attendees and those unable to attend the event are encouraged to take an 11-question Opioid Epidemic Awareness Survey at https:// brevardfl.gov/opioidsurvey. Survey results will help the County and our partners develop comprehensive opioid misuse prevention and response plans aimed at supporting healthier communities. Please note that the survey closes on March 13. For more information, please visit Brevard County's Housing & Human Services website, www.brevardfl.gov/HousingAndHumanServices.





LIBRARY HOURS: Monday, Tuesday, Thursday. 9 a.m.-6 p.m.; Friday and Saturday, 9 a.m.-5 p.m.; Wednesday, 12-8 p.m. and Sunday, 12-5 p.m. **Youth Services**

STEAM Time - Every Tuesday afternoon from 4:30-5:30 p.m. in the meeting room for children ages six through twelve. We have activities centered around science, technology, engineering, art and mathematics. This event requires parent or adult supervision at all times.

- 3/4—Math-a-lon Race
- 3/11—Magnetic Tiles
- 3/18— Sphero Car Coding

3/25—Lego Building Contest: Racecars

Read Your Way to K: Baby Story Time - 9:30 to 10:00 a.m. every Friday in the meeting room. We invite babies, young toddlers, and their caregivers to join us for stories, songs, and activities. This storytime is for babies ages three and younger and always requires parent or adult supervision. Read Your Way to K: Toddler Story Time -10:30 to 11:00 a.m. every Friday in the meeting room. We invite babies, young toddlers and their caregivers to join us for stories, songs and activities. This storytime is for toddlers ages three to five and always requires parent or adult supervision. Sensory Sundays - Every Sunday from 2:00 to 3:00 p.m., children can join the library staff for sensory bin activities. This event is for ages six and up and always requires parent or adult supervision.

- 3/2—Nature Pre-Writing Flash Cards
- 3/9— Fairy Art
- 3/16— Flamingo Hand Painting
- 3/23— Planet Sponge Painting
- 3/30— Doily Daisies

Teen Art League - On March 1st and 8th from 2:00 to 4:00 p.m., Teens ages 13 and up can join other creative-minded individuals for some time to chill and work on their personal art projects. The library will provide various art supplies, but you can bring your own. Try new projects with staff: 3/1—Clay Coil Pots

3/8— Photography and Scrapbooking

Saturday Craft Crew - Saturday, March 22nd and 31, from 1:30 to 5:00 p.m. The community

from 9:30 to 10:30 a.m. Join us on Saturdays for a fun, hands-on craft time designed for kids ages four and up. We'll explore a new project or activity each week, helping kids get creative with colorful materials and exciting themes! It's the perfect way to start your weekend with a splash of imagination and fun!

3/1— Animal-Building Puzzle Craft

3/8—Fairy Puppet

3/22-Flamingo and Turtle Mosaic

3/29— Space Rocket Craft

Family Programs

Family Spice Travelers Spice Club - Friday, March 21st at 3:30 p.m. This is a family event. Come to the meeting to pick up a spice kit and share food, recipes, and cooking adventures. It's fun for the entire family.

Escape Room - March 23-25, 4:00 to 5:30 p.m. Erin go Bragh! Use the luck of the Irish to unlock clues, solve puzzles and find gold (chocolate) coins at the end of the rainbow! Please RSVP!

Game Day - Every Sunday from 1:00 to 4:00 p.m. Join us to meet other game enthusiasts for an afternoon of board, tabletop and card games in the main library area. Use one of the library-provided sets, or bring your own! All ages are welcome to this family-friendly event.

Spring Break Bash - March 15 from 2:00 to 4:00 p.m. Blast off into a day of fun at our Spring Break Bash! This family-friendly event has something for everyone, with a variety of activities designed for all ages.

Glow-in-the-Dark Dance Party (All Ages)

Space-Themed Poetry Workshop (Ages 12+): Explore the wonders of the universe through creative writing in this out-of-this-world workshop! **Constellation Process Art (Ages 5 & Under):** With this hands-on art activity, little ones can create their own sparkling night sky.

Rocket Craft (Ages 6-11): Kids can build and decorate their very own rockets!

Face Painting & Glittery Fairy Hair (All Ages)

Printmaking Class - March 19, 6 to 7:30 p.m. Collagraph and monotype printmaking class using found materials, trash, and used teabags. Ages 16+. Dress to get messy. Register at the reference desk

Adult

Community Advocate - Mondays, March 3, 17,

support advocate assists with housing, SNAP, social security, healthcare and insurance, and senior resources.

Book Worms Book Club: Wednesday, March 5 at 6:30 p.m.: Book discussion. See the reference desk for this month's selection and the next meeting date. This month, the book club will discuss Dictator by Robert Harris.

Port Readers Book Club - Wednesday, March 26, at 6:30 p.m. March's title is Vampires El Norte by Isabel Cañas. Books are available at the reference desk.

Celebration of Life for Andrew Hanslovan

A Celebration of Life for Andrew Hanslovan will be held on Saturday, March 29th, 2025, starting at 1 p.m. It will be held at Fay Lake Wilderness Park at the south end of the park at the large south pavilion. Please watch for the signs.

Andrew was involved in a serious motorcycle accident back in September 2, 2022. This accident left Andrew a quad. Andrew fought a very painful and difficult fight. Due to his injuries, Andrew passed away on Sunday, January 12, 2025.

Andrew moved to Florida from Oregon in July 1995. He attended Enterprise Elementary, Space Coast Jr/Sr High, and Titusville High School. He was a 2006 high school graduate. He is survived by his daughter, Hailey Hanslovan; her mother Justina Praetorius; his mother and father, Sherri (Stanley) and Jim Hufford; his father, Steve Hanslovan; brother, Kyle Hanslovan; brother, Andrew Moore; sister, Monica Crowsey; Grandmother, Judy Johnson. He also has several nieces and a nephew.

Andrew loved to cook, be outside, fish, work in the garden. But his favorite love was Hailey, his daughter. He loved spending as much time with her as he could.

If you would like to make a donation for Andrew, we are requesting that the donations be made in his name to the following:

Richard Phillips Down Bike Fund 855 Laurel Circle Barefoot Bay, FL 32976

Payments also can be made using Zelle, Venmo

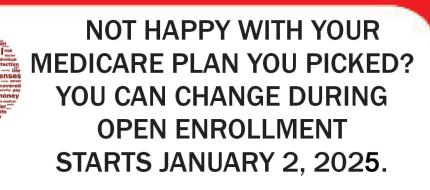
or Paypal. The email address that is needed is "DownBikerFund@gmail.com.



Port St. John/Canaveral Groves Business Directory

Important Phone Numbers

County Commissioner -	321-607-6901	
Sheriff: Non-Emergency -	321-633-7162	
Fire Station 26 (Port St. John)321-633-2056		
Emergency Operations Center 321-637-6670		
Waste Management -	321-636-6894	
SCAT Bus Information -	321-633-1878	
Port St. John Library	321-633-1867	
PSJ Community Center -	321-633-1904	
Florida Power & Light -	321-723-7795	
City of Cocoa Water Dept	321-433-8400	
Parrish Healthcare Center		
Port St. John -	321-268-6868	
Titusville -	321-268-6111	
Atlantis Elementary School -	- 321-633-6143	
Challenger 7 Elementary -	321-636-5801	
Enterprise Elementary School 321-633-3434		
Fairglen Elementary School - 321-631-1993		
Space Coast Jr/Sr High School - 321-638-0750		





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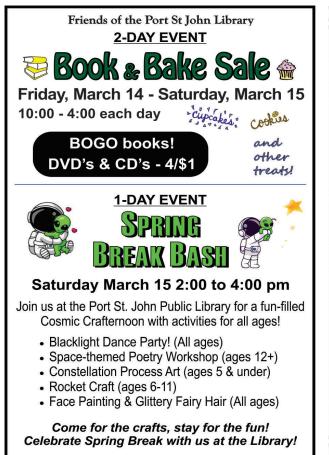




JERRY ALLENDER

STEVEN





Port St. John Public Library / 6500 Carole Ave., Cocoa FL 32927



TAX SEASON IS STILL RUNNING! YOU DON'T HAVE AN APPOINTMENT? CALL NOW AND RESERVE YOUR SPOT!

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The Plant Shack Beer and Wine Garden & Plant Boutique The Plant Shack Is Now Open

Port St. John and Four Communities has a new place to relax. The Plant Shack offers craft beverages, cocktails, and community. Our Mission is to create a serene and welcoming environment where the community can come together to celebrate the beauty of art and nature. Through shared experiences and meaningful connections, we strive to inspire a sense of peace, creativity and belonging, fostering a space where everyone can relax, reflect, and enjoy the company of others.

Jim and Kristy's Vision - With over 40 years of connection to Port St. John, Jim and Kristy built The Plant Shack Beer and Wine Garden & Plant Boutique as a reflection of their passions. Combining Kristy's love for plants and Jim's artistic metalwork, they've created a space where nature, art, and community come together. Relax with a craft beer or wine, surrounded by greenery and creativity.

The Plant Shack Beer and Wine Garden & Plant Boutique is open Tuesday - Sunday, 10 a.m. - 10 p.m., days and evenings are full of fun games, classes, music and relaxation. For more information about upcoming events, please visit: https://theplantshackbeerandwinegarden.com/

> 321-208-8001 5800 N. Highway 1, PSJ

Monthly Tax Update

Welcome to March, and ready for another update. When writing this article, the BOI filing requirement is still voluntary. Do not get tricked by companies pushing you to file the BOI.

The following is for taxpayers who file Form 1120-S for S-Corporations and Form 1065 for Partnerships. Since this year, the due date is Saturday, March 15, the due date will be the next business day, March 17, 2025. The penalty for late filing is \$255 per month per shareholder or partner, with a maximum penalty of twelve (12) months. If you want to avoid this and you need more time to gather your receipts and complete all the information necessary for your income and expenses, you'll need to file an extension for your company by March 17, 2025. The extension will allow you to complete your financial information and file your company tax return by September 15, 2025.

Next, it is important for taxpayers requesting the

IRS to treat your Limited Liability Company (LLC) as an S-corporation, which requires filing Form 2553. This election must be made no later than two months and fifteen days after the beginning of the corporation's tax year and the date to file is March 17, 2025. Perhaps the company missed the due date in the first year of operations. You can apply for late election relief, with reasonable cause, for failing to file Form 2553 on time. Another update, coming to the end of the Qualified Business Income (QBI) at 20% deduction, allows eligible self-employed and small-business owners to claim an income deduction from a qualified trade or business; unless extended by Congress, the QBI deduction will expire on December 31, 2025.

Next, if your customers or clients pay you directly by credit, debit or gift card, you'll get a Form 1099-K from your payment processor or payment settlement entity. You will get the 1099-K if the total payments received are more than \$5,000 in 2024 and more than

\$2,500 in 2025.

Last, the IRS issued checks and direct deposits for the 2021 Recovery Rebate Credit in January. Also, the IRS reminds taxpayers who have not yet filed their 2021 tax returns that they may be eligible for a refund if they file and claim the Recovery Rebate Credit by the April 15, 2025, deadline. Eligible taxpayers who did not file must file a tax return to claim a Recovery Rebate Credit, even if their income from a job, business or other source was minimal or non-existent. I will provide you with more good tax stuff next month.

This is a very brief overview. It is your responsibility to discuss any tax and financial changes with your professional advisor for assistance in evaluating your situation. For details and specific assistance in applying the general information in this article, call us at your earliest convenience or contact your tax advisor. Provided by Pedro L. Baldeon, E.A., 321-632-5726, a member of the National Society of Tax Professionals.



Primary Stroke Center

Nationally Certified Since 2004

Stroke is a leading cause of death in Florida. Certified Primary Stroke Centers, like Parrish Medical Center, have demonstrated stroke treatment excellence.



The Joint Commission American Heart Association American Stroke

Association

CERTIFICATION Meets standards for

Primary Stroke Center

Symptoms of Stroke

- Sudden symptoms like these should never be ignored. At the first signs of a stroke, call 911.
- Numbness or weakness of the face, arm or leg, especially on one side of the body
- Confusion, trouble speaking or understanding
- Trouble seeing in one or both eyes
- Difficulty walking, dizziness or loss of balance and coordination
- Severe headache with no known cause

CSTROKEAWARE^T Take our FREE risk assessment at parrishhealthcare.com/strokeaware





Healing Families—Healing Communities®